



KIWI WEST AQUATICS

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**** \$\$\$ WINTER CASH MEET \$\$\$ ****



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Sunday 8th July 2018
FREYBERG COMMUNITY INDOOR POOL (25M)
PALMERSTON NORTH

| MIXED I.E. BOYS & GIRLS | Warm up 12:30pm - Start 1.05pm |
|----------------------------|-----------------------------------|
| 01. | 400m Freestyle |
| 02. | 50m Backstroke |
| 03. | 100m Breaststroke |
| 04. | 200m Butterfly |
| 05. | 50m Breaststroke |
| 06. | 100m Backstroke |
| 07. | 200m Individual Medley |

| MIXED I.E. BOYS & GIRLS | 15 MINUTE BREAK |
|----------------------------|------------------------|
| 08. | 200m Breaststroke |
| 09. | 50m Freestyle |
| 10. | 200m Backstroke |
| 11. | 100m Freestyle |
| 12. | 100m Butterfly |
| 13. | 200m Freestyle |
| 14. | 400m Individual Medley |

“West End Cup”

The cup will be presented to the club with the highest combined points score over the Kiwi Cash Meet and Kiwi All-Stars Meet at the Kiwi All-Stars Meet

Kiwi West Aquatics will not be liable for any loss or damage incurred during the meet.

Psych sheets and results will be posted on the Kiwi West Website www.kiwiwest.org and the Swimming Manawatu Website www.manawatu.swimming.org.nz

All enquiries to:
Patricia Dickason
Phone 021 261 9473
Email kiwirace@gmail.com

ENTRIES CLOSE Midnight 3rd July 2018.

No late entries or changes accepted

CONDITIONS OF ENTRY

- Meet conducted under SNZ & Para rules. All participants must agree to comply with the Sports Anti- Doping Rules and regulations.
- **Swimmers limited to 5 events.**
- **Warm up times:**
13/O: 12:30-12:45pm
12/U: 12:45-1pm
- Short course times to be submitted (**no times WILL NOT BE accepted**).
- Entry Fee: **\$7.50 PER EVENT**. Free pool entry - Programs **\$3 includes Raffle Ticket**
- All events are timed finals and events seeded by age on day of meet (but may be combined where necessary).
- There will be **NO REFUNDS** [including medical] once final psych sheet has been posted.
- **ENTRIES CLOSE Tuesday 3rd July 2017 at 23:00HRS**. No late entries or changes accepted.
- **Entries to be entered directly into the SNZ Database.**
- Assistance with timekeeping will be required to ensure a successful meet.
- 400 IM & 400 Free, will be limited to the top 12 fastest swimmers
- Due to limited seating for swimmers – parents are requested to please bring their own seating.

CASH PRIZES

- Age Group Cash Prizes (**\$40-1st, \$20-2nd, \$10-3rd**) for the top boy and girl in each age group (9&Under, 10, 11, 12, 13, 14, 15, 16, 17&over) based on total accumulated points using the standard Swimming NZ points.