



AUTUMN CARNIVAL

Freyberg Community Pool – Palmerston North

SUNDAY 28th May 2023

Warm up 12.45pm, Racing starts 1:30 pm

Schedule of Events:

1. 200m Open Freestyle Relay (Marie Nelson Memorial Cup)

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| 2. 9 & under 25m Freestyle | 11. 400m Freestyle |
| 3. 9 & under 25m Butterfly | 12. 9 & under 25m Breaststroke |
| 4. 100m Breaststroke | 13. 9 & under 25m Backstroke |
| 5. 50m Backstroke | 14. 100m Butterfly |
| 6. 100m Freestyle | 15. 200m Butterfly |
| 7. 50m Butterfly | 16. 50m Freestyle |
| 8. 200m Backstroke | 17. 200m IM (12 yrs + over) |
| 9. 50m Breaststroke | 18. 100m IM (12 yrs + under) |
| 10. 200m Freestyle | 19. 200m Breaststroke |
| 15 Minute Official Break | 20. 100m Backstroke |

Conditions of meet:

- Age is at 28 May 2023.
- Entry fee - \$7.00 per race.
- All events will be swum as mixed gender, timed finals.
- Swimmers may enter **four (4)** individual events ONLY.
- **Relay** teams can have 4 swimmers of any gender.
- **PLEASE NOTE:** 12 year old swimmers wanting to swim an IM, must choose **EITHER Event 17 OR 18.**
- This meet is a Designated meet – all results will be submitted to SNZ database.
- The organisers reserve the right to limit entries or alter the programme if the need arises.
- Entries must be submitted online through the SNZ database using **FASTLANE.**
- **Times must be held in the SNZ database for all 200m and 400m races.** Clubs must submit coach's times for all other events within 24 hours of the psych sheets being circulated.
- The meet will be swum under the current World Aquatics, SNZ and Para rules where sufficient qualified officials are available.
- This flyer, psych sheets and results will be available on the Swimming Manawatu website.
- **Entries close Sunday 21st May 2023 at 10pm.**
- DASC will endeavour to provide a full complement of officials.
- All Clubs are requested to provide one time-keeper per four swimmers entered, names to be submitted with NT's please.
- Swimmers are **not permitted** behind the blocks unless beginning or ending a race.

Please support our "Winter Warmers" raffle at the door.

All enquiries to DASC race secretary dascracesec@gmail.com