



Swimming

MANAWATU

2018 - 2019

www.manawatu.swimming.org.nz

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Swimming Manawatu Supporters

Meet Calendar 2019

			Warm up	
2018				
November	4	KiwiWest Aquatics Carnival	Freyberg	1.00pm
	11	Feilding Carnival	Makino	1.00pm
	25	Ice Breaker Aquatics Carnival	Freyberg	1.00pm
December	16	Manawatu Short Course Meet	Freyberg	1.00pm
2019				
January	12-13	NZ Open Water	Taupo	
	19-21	Wellington Long Course Champs	Kilbirnie	
February	2	Manawatu Age Group Champs	Lido	8.25am
	2	Manawatu Age Group Champs	Lido	2.25pm
	3	Manawatu Age Group Champs	Lido	8.25am
	3	Manawatu Age Group Champs	Lido	2.25pm
	10	Te Kawau Carnival	Rongotea	12.30pm
	15-17	NZ Junior Festival	Kilbirnie	
March	1	Manawatu Summer Champs	Lido	6.00pm
	2	Manawatu Summer Champs	Lido	8.25am
	2	Manawatu Summer Champs	Lido	1.55pm
	3	Manawatu Summer Champs Division II	Lido Dunedin	8.25am
	24	Dolphin Carnival	Makino	1.00pm
	31	Levin Carnival	Levin	1.00pm
April	6	Manawatu Secondary Schools	Freyberg	1.00pm
	7	Ice Breaker Aquatics Carnival	Freyberg	1.00pm
	16-20	NZ Age Groups	Wellington	
	28	Palmerston North Carnival	Freyberg	1.00pm
May	5	Dannevirke Winter League 1	Freyberg	1.25pm
	11	North Island Secondary Schools	Freyberg	8.00am
	11	North Island Secondary Schools	Freyberg	2.00pm
	19	Feilding Winter League 2	Makino	1.25pm
June	9	Dolphin Winter League 3	Freyberg	1.25pm
	17-21	NZ Open Championships	Auckland	
	30	Levin Winter League 4	Freyberg	1.25pm
July	7	Kiwi West Aquatics Carnival	Freyberg	1.00pm
	19	Manawatu Long Distance	Freyberg	6.00pm
	20	Manawatu Winter Champs	Freyberg	7.50am
	20	Manawatu Winter Champs	Freyberg	2.50pm
	21	Manawatu Winter Champs	Freyberg	7.50am
August	4	Dannevirke Carnival	Freyberg	12.25pm
	18	Palmerston North Carnival	Freyberg	1.00pm
September	31-1	Wellington Winter Champs	Kilbirnie	
	7-8	Wellington Winter Champs	Kilbirnie	
	12-15	NZ Secondary Schools	Hamilton	
	22	Levin Carnival	Levin	1.30pm
October	1-5	NZ Short Course	Auckland	
	13	Dolphin Carnival	Makino	12.30pm
	20	Dannevirke Carnival	Freyberg	12.30pm
November	3	Kiwi West Aquatics Carnival	Freyberg	1.00pm
	17	Feilding Carnival	Makino	1.30pm
	24	Ice Breaker Aquatics Carnival	Freyberg	1.00pm
December	8	Manawatu Short Course Meet	Freyberg	1.00pm

Please check individual flyers for warm up times, start times and meet conditions

CARNIVALS - GENERAL INFORMATION

START TIMES

The times shown in the fixtures list are **warm up** times. Warm up times for meets vary between 30 minutes and an hour. Please check the published flyers for the details pertaining to individual fixtures.

SCRATCHINGS

- The Scratching rule varies slightly from meet to meet and will be printed on the inside cover of your programme.

MARSHALLING

- It is the responsibility of the swimmer or their Manager or Coach to ensure they report to the Marshal at the required number of heats or events prior to their race – as announced at the swim meet. Swimmers who do not marshal are not permitted to swim and will be disqualified.
- After reporting swimmers must remain in the Marshalling area and follow the instructions of the Marshal who will advise when they should move to the start area.
- Any misconduct or failure to follow the instructions of the Marshal will be reported to the Referee who may disqualify that swimmer/s.
- At some events a swimmer who does not report to the Marshal for a final or timed final may incur a penalty fine.
- **Parents, Coaches and Team Managers are not permitted in the marshalling area.**

TIMES

- **Official times should be obtained from the Swimming New Zealand database or your Club Race Secretary after the meet. Times from the timekeepers are unofficial.**

PRESENTATION CEREMONIES

- Swimmers are requested to report to the presentation area **IMMEDIATELY** they are asked to do so.
- All swimmers are expected to be appropriately attired i.e. tracksuit, t-shirt and shorts etc.

PRESENTATIONS WILL NOT BE MADE TO ANY SWIMMERS WEARING SWIM WEAR / TOWELS.

CLUB TEAM MANAGERS

- All Clubs must appoint a Team Manager for each meet they attend.
- Swimmers should report to their Team Manager when they first arrive and before they go to their races.
- Team Managers are the official contact point for any communication between swimmers and meet officials. Parents and swimmers cannot approach an official directly.
- Team Managers need to:
 - Be familiar with both Swimming Manawatu and Swimming New Zealand rules
 - Know when and where swimmers need to marshal
 - Advise Meet Control of withdrawals at the meet
 - Ensure swimmers and relay teams report to the Marshal when required
 - Notify swimmers if they are required for a final
 - Withdraw swimmers from finals within the correct time frames.

POOL ETIQUETTE AND COURTESY

Walk: **DO NOT RUN** around the poolside

- Report to your Team Manager on arrival at the pool. It is preferable to sit with your Club/Team, coach and Manager. Do not wander away without permission.
- Identify the marshalling area and listen/watch for your event/s call up.
- Remain in the marshalling area until instructed to leave.
- Team Managers are the only people who may approach the meet control regarding scratchings, entries, queries, protests, and results.
- Do not walk in front of the timekeepers or other officials.
- Observe the 'RULE OF SILENCE' when the whistle blows prior to the start of a race. If you are walking round the pool, stop and stand still until the race is underway.
- At the end of your race stay in the water until the whistle signal to leave the pool.
- When asking for your time – remember your manners.
- Cheer on your team mates and friends remembering to keep back from the area needed by the Referee and other Officials who need to walk beside the pool.
- Foul language is not tolerated and you may be reported to the Referee.
- Keep the area where you are sitting clean and put all rubbish in the bins.

CODE OF BEHAVIOUR

Swimming Manawatu expects swimmers to adhere to the following guidelines when representing the Region:

To co-operate with and be responsible to the Team Management for the duration of the meet.

Advise the Team Manager of any medication that has been prescribed.

Swimmers must not possess, consume, administer, purchase or dispose of by any means any banned substances of any kind. This shall include alcoholic liquor, except where the Team Manager has given consent. Consent shall not be given or deemed to be given in respect of any member who is a minor.

Any breach of discipline or misbehaviour by any member of Swimming Manawatu may result in any or all of the following:

- (a) To be the subject of a report to the Swimming Manawatu
- (b) To be deprived of any privileges or allowances
- (c) To be dealt with as provided in Rule SRG 1.3 of the SNZ rules.

Swimming New Zealand Regulations

1.3 SNZ has the power to sanction any swimmer, coach, team member, technical official or any other person it has admitted to the venue for inappropriate behaviour at New Zealand Competitions. The sanction may include suspension from a race or the competition or expulsion from the venue or competition. SNZ shall advise the appropriate region of sanctions imposed.

STROKE RULES

Current stroke rules: https://www.fina.org/sites/default/files/2017_2021_swimming_16032018.pdf

HEALTH AND SAFETY

Swimming Manawatu is a Health and Safety conscious organisation. Health and Safety information is distributed to all Clubs prior to events – please ensure this information is passed to Team coaches, Managers and swimmers involved.

A Health and Safety manual is held in Meet Control.

CLUB RESPONSIBILITY AT CARNIVALS

Each Club must ensure that a Team Manager is appointed for each meet, including National meets, and that parents and swimmers know who the Team Manager is. Queries regarding entries or scratchings must be directed through the official Team Manager. Scratchings **WILL NOT** be accepted from individual swimmers.

Club Coaches and Team Managers are responsible for ensuring that swimmers adhere to the published warm up procedure at all meets.

RESPONSIBILITIES OF DUTY CLUB

Clubs are requested to report to the Carnival Secretary 15 minutes **BEFORE** warm up time. The following personnel are required:- 1 Announcer, 1 Marshal, 1 Adult for the recording table and computer, 1 Runner, 2 Programme / Raffle Sellers. At some meets 2 people will be required to prepare morning/afternoon tea for the officials.

RECORDS

Survey certificates are held for the following pools in Manawatu. Records may be set in these pools.

Short Course 25metre -	Dannevirke, Freyberg Pool, Levin, Lido, Linton Camp Pool, Makino, Pahiatua, PN Boys High School Pool, West End Aquatic Centre
Long Course 50 metre -	Makino, Lido

Note: records may only be broken when a qualified Referee and the required number of qualified officials are present. All record applications must be forwarded to the Records Officer with the correct documentation within 28 days of the date of the swim. At all times it is the swimmers responsibility to present the Regional Records officer with the appropriate record application.

OFFICIALS DRESS

Officials at Regional fixtures are expected to wear the current Manawatu polo shirt or current SNZ shirt with black or navy bottoms. Subsidised Officials shirts are available from the Regional Administrator.

HOKOWHITU SWIMMERS FUND

For assistance with expenses incurred for travel to International Events and programmes swum under the auspices of Swimming New Zealand

Applications to this Fund close with the Swimming Manawatu Administrator on 31 January annually. Applicants must be registered competitive swimmers and may make one application only in a twelve month period.

Further information is available with the Application form on the Swimming Manawatu website.

MONK CUP RULES

Open Relay - 1 team per club - 4 x 1 length or 4 x 2 lengths in pools less than 33 ¹/₃ yds.

The cup shall be swum for at any carnival provided the club holding the carnival desires the event. The cup shall be won on a points basis:

1st Place 3 points 2nd Place 2 points 3rd Place 1 point

The winner of the cup for the season shall be the club gaining the most points after the last carnival of the season.

FOXTON CUP RULES

The cup shall be swum for at any carnival provided the club holding the carnival desires the event. The cup shall be won on a points basis:

Girls 13 years and Under 5 x 50m

Boys 13 years and Under 5 x 50m

Points 1st Place 5 points 2nd Place 3 points 3rd Place 1 point

The winner of the cup for the season shall be the club gaining the most points after the last carnival of the season.

SWIMMING NEW ZEALAND MEET DATES AND VENUES 2019

Competition	Date	Venue
NZ Open Water Champs	12 - 13 January 2019	Taupo
All Star Junior Festival	15 - 17 February 2019	Wellington
NZ Division II Competition	13 -16 March 2019	Dunedin
NZ Age Group Championships	16 – 20 April 2019	Wellington
NZ Open Champs	17-21 June 2019	Auckland
NZ Secondary Schools	12-15 Sept 2019	Hamilton
NZ Short Course Champs	TBA	Auckland

Qualifying Times

Junior Festival

https://swimming.org.nz/event.php?friendly_id=2019allstars-event

Division II

https://swimming.org.nz/event.php?friendly_id=2019divison2-event

Age Groups

https://swimming.org.nz/event.php?friendly_id=2019nags-event

NZ Opens

https://swimming.org.nz/event.php?friendly_id=2019aonopens-event

NZ Secondary Schools

https://swimming.org.nz/event.php?friendly_id=2019nzsecondaryschoolchamps-event

NZ Short Course

TBA early 2019

Conversion Times for Different Pool Sizes for National Meets

Note For the purposes of all national meets, pools of length 36 $\frac{2}{3}$ yards will be treated as if they were of length 33 $\frac{1}{3}$ metres and pools of length 55 yards will be treated as if they were of length 50 metres.

Conversion from 33 $\frac{1}{3}$ metres or 36 $\frac{2}{3}$ yards to 50 metre time:

Freestyle	100m	add	0.85 secs
	200m	add	1.70 secs
	400m	add	3.40 secs
	800m	add	6.80 secs
	1500m	add	12.75 secs
Backstroke	100m	add	0.85 secs
	200m	add	1.70 secs
Breaststroke	100m	add	1.00 secs
	200m	add	2.00 secs
Butterfly	100m	add	0.70 secs
	200m	add	1.40 secs
Medley	400m	add	3.40 secs

Conversion from 25 metres to 50 metre time:

Freestyle	50m	add	0.85 secs
	100m	add	1.70 secs
	200m	add	3.40 secs
	400m	add	6.80 secs
	800m	add	13.60 secs
	1500m	add	25.50 secs
Backstroke	50m	add	0.85 secs
	100m	add	1.70 secs
	200m	add	3.40 secs
Breaststroke	50m	add	1.00 secs
	100m	add	2.00 secs
	200m	add	4.00 secs
Butterfly	50m	add	0.70 secs
	100m	add	1.40 secs
	200m	add	2.80 secs
Medley	200m	add	3.40 secs
	400m	add	6.80 secs

Conversion from 55 yards time to 50 metre time: **No conversion. Just use same time.**

Note that only the above conversions may be used for National Meets. If a conversion does not exist then another pool of suitable length must be used for that event.

Revision [3 Oct 1995]

SWIMMING NEW ZEALAND REGULATION

3 WITHDRAWALS

3 Withdrawals

3.1 In all competitions, a competitor or team not wishing to take part in a preliminary final, semi final and final in which qualification was earned shall withdraw within 30 minutes following the preliminaries or the semi-finals of the event in which the qualification took place. Any competitor or team who withdraws from preliminary finals, semi finals and finals more than 30 minutes after the preliminary or semi final in which qualification was earned shall pay without excuse to SNZ a fee as determined by SNZ.

3.2 For timed finals withdrawals must be advised by the end of the session preceding the start of the timed final event. i.e. the day before.

Note: The criteria for Regional fixtures may differ – always check the conditions pertaining to individual competitions.

PARENTS and CAREGIVERS

Officials are present at all competitions, to implement the technical rules of swimming and ensure that the competition is fair and equitable to everyone. As a parent of a competitive swimmer your assistance by becoming an official facilitates swim meets and swimmers times being sanctioned. **All Swimming Manawatu Officials are volunteers** and contribute greatly to the development of the sport at all levels.

There are several levels of officiating that require different degrees of involvement and time.

The first step is to determine your area of interest. The following brief descriptions of the volunteers needed at every swim meet may help you make that determination.

Announcer What a way to see the meet and be actively involved. The Announcer has the important role of maintaining interest throughout the swim meet

Computer The Recorder is responsible for all of the paperwork (Scratchings, Reseeding, and Results)

IOT The Turn Judges observe the swimmers from the end of the lane(s) to ensure that the turns and finishes comply with the rules applicable to each stroke

Judge of Stroke The Stroke Judges ensure compliance with the rules relating to each stroke

Marshal The swimmers report to the Marshal that they are present and swimming the event being marshalled. Swimmers event, heat and lane assignments are checked against the programme

Referee The Referee has overall authority and responsibility for the competition and ensures compliance with all the rules

Timekeeper Timekeeping is where most parents start as volunteers. The most important single statistic at a swim meet is the time a swimmer achieves during the race

Swimming Manawatu is indebted to Paterson Accountants Limited for the provision of Accountancy services



